

## **The Frank Clark Meet**

*By Andrew Richelson*

In the picture: the team of volunteers working this meet.

The meet went very well. We had about 190 entrants (we were, unfortunately, missing at least two popular swimmers from the New Bern Team) and with the slightly changed format this year, we started the 500 free at 8:45, had a 45 minute second warm-up, and were out of the building by 2:30.



We had some very fast times and everyone seemed to be having a good time. Moving the meet from Saturday to Sunday worked well and, like least this year, we were the only meet going on at the GAC which helped with space and communication. There were also a good number of first-timers swimming which always adds to the fun and excitement.

Hope to see you there next year, Sunday, March 2, 2014