

Go Postal

By Greta van Meeteren

Several of us have written before about the USMS National Postal Championships. On December 19, the **PRELIMINARY** results of the most recent postal swim, the 3,000 / 6,000 yard championships were posted on the USMS website at <http://www.usms.org/longdist/ldnats11/> I thought I'd share with you those results as they were posted.

3,000 yard individual swims women		
Name	Age	Place
Melanie Deal	30-34	9
Gracie Wadewitz	50-54	24
Debbie Wilson	55-59	5
Rita Maynard	55-59	24
Greta van Meeteren	60-64	6
Diane Byers	60-64	10
Camille Klotz	65-69	10
3,000 yard individual swims men		
Sean Maynard	18-24	3
Filippo Porco	30-34	7
Roland Klober	40-44	19
Robert LeVine	45-49	12
Mark Doyle	50-54	9
John Flack	55-59	15
Craig Anderson	60-64	5
Steven Kelley	60-64	12
Bob Husson	65-69	4
Hans van Meeteren	65-69	8
John Jackson	65-69	9
Norman McCartney	70-74	4
3,000 yard relays		
Women Camille Klotz Rita Maynard Greta van Meeteren	55+	6
Men Filippo Porco Robert LeVine John Flack	25+	4
Steven Kelley Craig Anderson Mark Doyle	45+	7
Bob Husson Hans van Meeteren John Jackson	65+	2

Mixed Greta van Meeteren Rita Maynard Bob Husson Craig Anderson	55+	3
6,000 yard individual swims women		
Debbie Wilson	55-59	2
6,000 yard individual swims men		
Craig Anderson	60-64	3
James Green	65-69	3
Bob Husson	65-69	5
6,000 yard relays		
Craig Anderson James Green Bob Husson	55+	2

Congratulations to all swimmers!

In January you will have an opportunity to participate in the USMS one-hour national postal championship. It is a great way to gear up for the new year. I know there are many long distance swimmers in North Carolina who have not participated in postal meets and who would do extremely well. So here is my challenge to you: get together with some friends and help each other record/time your swims. You stop swimming after exactly one hour, no matter where you are in the pool, and that is the distance you count for your swim. To find out more about this event, click on the link below: http://www.clubassistant.com/club/meet_information.cfm?c=1308&smid=3291