

## The ENC Long Course Summer Splash

**By Don Gilchrist (tall swimmer on the left)**

The ENC Long Course Splash at the Goldsboro Family YMCA Bryan Pool should be on every master swimmer's calendar in the future.

This is a great event to start off the long course season and it has earned the reputation of putting on a well executed event from officiating to hospitality. This is the first event I have ever attended where they provided a food and beverage table to the swimmers, and not only that, volunteers were passing out bottles of cold water and bananas. Now that is hospitality!



The participant number was small but perfect size to test your fitness early in the season. Officials were very sensitive to taking breaks to allow rest time for swimmers in back to back events, and it was a fully staff with officials so times



would be certified and recognized by USMS. Many fast swims including some top 10 times and state records were set at this event.

The facility is in great shape and volunteers were ready and friendly. This event and venue would be the perfect spot for NC Masters Swimming LC State

Championships, and the meet director, Tammy Yates, said let's do it!

Thank you **Tammy and the Goldsboro YMCA** for your effort and enthusiasm.

