

From the President's Lane

January 2001 Newsletter

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Happy New Year! I trust everyone had a great holiday and was able to get in some swimming in between mowing down fruitcakes and other assorted goodies and relaxing on the couch. We have another big year ahead and lots of activities to look forward to.

The short-course yards season opens at the end of January with the traditional road trip to Charlotte. We will be trying to defend our Y2K title as keepers of the coveted East-West cup by joining with our NCMS East colleagues to swim relays and score points. We can't afford to spot the West team more than about 1,000 points if we hope to defend our title, so we need a strong RAM turnout in Charlotte. I look forward to seeing you there.

RAM will host three major events this year: the State Championship meet on April 21-22, the North Carolina State Games age-group meet June 23-24 and the RAM Invitational Long-Course Meet on July 21.

These events are a lot of fun, but they require considerable effort on RAM's part. We currently are looking for volunteers to help out with the State Championship meet at Pullen Aquatic Center in April. There are plenty of great opportunities available now. No experience necessary. On-the-job training provided. Please see meet directors Tim Sexauer and Cathy Davis or timer coordinators David Shamlin and Kim Stott if you'd like to help out.

RAM has agreed to host the State Games age-group meet again this year. We put on a great meet last year and enjoyed watching all the young swimmers compete. I'm currently taking applications for all volunteer assignments. Watch for more details in a future newsletter.

See you in the water.

– Kevin Facchine



The RAM Swimmers of Hendersonville have created a scholarship fund in the name of Buz Catlin to go towards promotion of swimming with the Raleigh Area Masters. RAM will advertise in some local papers, and magazines.

RAM would like to invite all Seniors in the Raleigh Durham area to register with USMS and join our swim practices for health. Seniors 75 and over will have their registrations paid for by RAM. Come out and participate at our coached practices!

For more information contact Jay Holshouser at 800-446-8053 ext.2595 or in Hendersonville: Dick Weber at: 828-891-2580

Team caps – a black latex cap with white "RAM" lettering – are for sale at \$4 each. See Sue Haugh.

Team caps for sale

RAM RESULTS

USMS Top Ten – 2000 Long-Course Season

Fritz Lehman earned two national individual first-place rankings and **Brian Doan** picked up one national individual first-place ranking during the 2000 long-course season. In addition, RAM swimmer **Dick Webber** swam on a world-record-setting 200 medley relay last summer. Webber joined North Carolina Masters Swimming teammates John Kortheuer, Clarke Mitchell and John Murphy to set a new world mark in the 280+ age group of 2:31.54. The same quartet also earning a national first-place ranking in the 200 free relay in the 280+ age group with a time of 2:12.94. Congratulations to RAM's national champions and Top Ten swimmers!

These RAM swimmers earned individual Top Ten rankings in the 2000 long-course season:

Women 19-24

Jennifer Mancini: 50 free – 29.10 (6th); 100 free – 1:03.07 (3rd); 200 free – 2:18.82 (2nd); 50 fly – 32.29 (9th); 200 IM – 2:39.16 (5th)

Women 55-59

Ceil Blackwell: 100 back – 1:42.76 (10th)

Women 60-64

Alice Jones: 50 breast – 52.03 (10th)

Sally Newell: 50 free – 38.12 (5th); 50 breast – 46.89 (2nd); 100 breast – 1:44.69 (3rd); 200 breast – 3:58.56 (4th); 200 IM – 3:41.44 (6th)

Dawn Stroupe: 100 breast – 1:53.19 (8th); 200 breast – 4:04.41 (8th)

Women 75-59

Judy Kelly: 200 breast – 6:17.12 (10th)

Men 25-29

Sean Stringer: 100 back – 1:08.77 (6th); 200 back – 2:36.35 (7th)

Men 30-34

Brian Doan: 50 breast – 31.21 (1st); 100 breast – 1:10.01 (2nd); 200 breast – 2:37.18 (5th)

Men 35-39

Jeff Reece: 200 breast – 2:49.72 (7th)

Men 40-44

Alan Godfrey: 100 back – 1:07.13 (6th); 200 back – 2:24.67 (3rd)

Fritz Lehman: 100 free – 56.30 (4th); 50 back – 28.72 (1st); 100 back – 1:02.89 (1st); 50 fly – 27.87 (10th); 100 fly – 1:03.77 (8th)

Men 70-74

Dick Webber: 50 free – 31.50 (2nd); 100 free – 1:15.42 (4th); 50 fly – 38.99 (4th)

Virginia Masters Swim Meet, Virginia Beach, VA; Nov. 4, 2000 (short-course meters)

Six RAM members traveled to Virginia Beach in November and returned with a number of new North Carolina records. RAM President Kevin Facchine led the way with a state record in each of his five events. (New records are marked with an asterisk.)

Women 35-39

Sue Haugh: 50 breast – 40.59 (2nd); 100 breast – 1:25.75* (2nd); 50 fly – 33.74* (1st); 100 IM – 1:16.55 (1st)

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Women 40-44

Kim Stott: 200 back – 3:03.58* (1st); 100 breast – 1:37.54 (1st); 100 IM – 1:25.16 (1st)

Men 25-59

Scott Allen: 50 free – 27.98 (3rd); 50 back – 36.50 (1st); 50 fly – 32.67 (2nd); 100 IM – 1:14.22 (1st)

Men 35-39

David Shamlin: 50 free – 29.74 (2nd); 100 free – 1:05.53 (1st); 400 free – 5:22.26 (1st); 400 IM – 6:16.47 (1st)

Men 40-44

Alan Godfrey: 100 free – 57.73 (1st); 400 free – 4:38.50* (1st); 200 back – 2:42.83 (2nd); 50 breast – 35.73 (1st); 100 IM – 1:06.89 (1st)

Fritz Lehman: 50 back – 29.13 (1st); 100 back – 1:03.98 (1st); 200 back – 2:15.34* (1st)

Men 45-49

Kevin Facchine: 50 free – 27.42* (1st); 200 free – 2:14.53* (1st); 50 back – 33.67* (1st); 50 fly – 30.04* (1st); 200 IM – 2:35.82* (1st)

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- ***Extra sets***
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- ***Entry form for RAM’s championship meet on April 21-22***
- ***RAM results, including the team’s national champions and Top Ten swimmers***

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