



One Event Registration Form

Register with the same name you will use for competition. ***Please Print clearly.***

Last Name		First Name		MI
Street Address				
City/State/Zip			Phone	
Date of Birth (mm/dd/yy)	Age	Sex (circle) M F	E-mail address	
Event Name: 2010 USMS One Mile Open Water National Championship 5/29/2010				Today's Date (required)

WAIVER: I the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters swimming (training and competition) including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITES. In addition, I agree to abide by and be governed by the rules of USMS. *Finally, I specifically acknowledge that I am aware of all the risks inherent in open water swimming and agree to assume those risks.*

Signature (required): _____

Make a check for \$18 payable to: LMSC for NC (\$12 of the fee goes to USMS, \$6 to the LMSC)

Swimmer, please mail this form and check for \$18 payable to "LMSC for NC" as well as your completed paper entry form found at <http://www.usms.org/longdist/ldnats10/1mientry.pdf> and \$45 (or higher) check to "The Open Water Challenge" for the event to:

**Steve Watkins
6532 Rocky Falls Rd
Charlotte, NC 28211-5520**

Paper entries and One Event Registration must be RECEIVED before 5:00pm EDT Friday May 21, 2010.

----- **INFORMATION FOR THE SWIMMER** -----

Entering this swim meet with a One Event Membership allows you to compete only at this swim event. A One Event Membership does not allow you to participate in relays. You are considered unattached from any team for scoring purposes and cannot qualify for local or USMS records.