

CHARLOTTE SWIM MASTERS LLC

SUNBELT CHAMPIONSHIP

January 27-28, 2007

<i>Sanction:</i>	Sanction by LMSC for NC for USMS, Inc. Sanction # 137-01
<i>Meet Directors:</i>	Bernie White and Ken Johnson (704/364-2141) Meet Referee: Marty Fehr
<i>Facility:</i>	Mecklenburg County Aquatic Center, 800 East Second Street, Charlotte NC. (704) 336-3483 The pool is 50 meters by 25 yards, with a bulkhead dividing the competition area into an 8 x 25 yard course. Continuous warm up/down lanes available in separate tank. <u>Parking is across the street on Saturday.</u> The pool length has been certified with USMS.
<i>Rules:</i>	Swimmers must be registered with USMS for 2007. USMS One Day Registration forms will <u>not</u> be allowed for this meet. USMS rules govern the meet. Swimmers are limited to 5 individual events per day. <i>You must enter the pool <u>feet first</u> except in sprint lanes. No paddles or kickboards are allowed when warming up.</i>
<i>Deadline:</i>	Entries must be received by 5:00pm EDT January 21, 2007.
<i>Fees:</i>	Individual event charge is \$3.00. Relay charge is \$4.00. There will be no refunds unless the meet date is cancelled, in which case the surcharge will be retained but individual entry fees will be refunded.
<i>Scoring & Awards</i>	Individual events will be scored 9-7-6-5-4-3-2-1; relays doubled. No ribbons or individual high point awards will be given, but a paper plaque for peel-off stickers will be given to all entrants. Team awards will be given for places 1-3 for both in-state teams and out-of-state teams.
<i>Seeding:</i>	All events will be seeded by sex and time, with the exception of the following events; 1650, 1000, 500 free and 400 IM. In order to be seeded in the 400 IM and the 500 free, you must re-confirm at the pool that you will swim. These events will be seeded by time only with the sexes combined. All events will be seeded slow to fast except the 500 free, which will be seeded <u>fast to slow</u>. "No Time" is not allowed. The Meet Director reserves right to combine sexes in any other events.
<i>Schedule:</i>	<u>Saturday morning:</u> Warm up 8:00am; first heat of the distance events start 8:45am. The pool will be open at 7:30 am. <u>Saturday afternoon:</u> Warm up 11:30am; first heat starts 12:30pm. <u>Sunday morning:</u> Warm up 8:00am; first heat starts 8:45am.
<i>Lodging:</i>	Hampton Inn \$79 (breakfast free) 704-373-0917. Hilton Garden Inn \$79 (pay for breakfast). Mention Masters Swimming. Both within walking distance to pool. Call before January 21st to get the special rates. Adams Mark has changed to The Blake and the cost is \$99 per night.

2007 SUNBELT CHAMPIONSHIP ENTRY FORM

Please Print Legibly

Name: _____ Club Initials: _____

Street: _____ CityStateZip _____

Age: ____ Birth Date: ____/____/____ Sex: M F Day Phone (____) _____

E-mail address: _____ **WRITE CLEARLY**

2007 USMS registration number: _____ (please attach copy of your card)

Saturday January 27, 2007, Warm up 8:00 am, Meet start at 8:45am			
W	M	Event	Time
1	1	1,650 yd Freestyle Limited to first 24 entries	
2	2	1,000 yd Freestyle Limited to first 40 entries	
Warm up 11:30 am, Meet start at 12:30pm			
3	4	100 yd Butterfly	
5	6	50 yd Breaststroke	
7	8	200 yd <i>Medley Relay</i>	
9	10	100 yd Backstroke	
11	11	400 yd IM	
Break			
12	13	50 yd Freestyle	
14	15	200 yd Breaststroke	
16	17	200 yd Freestyle	
18	19	100 yd IM	
20	20	200 yd <i>Mixed Medley Relay</i>	

Sunday January 28, 2007, Warm up 8:00am, Meet start 8:45am			
W	M	Event	Time
21	22	50 yd Butterfly	
23	24	200 yd IM	
25	26	50 yd Backstroke	
Break			
27	27	200 yd <i>Mixed Free Relay</i>	
28	29	100 yd Breaststroke	
30	31	200 yd Backstroke	
32	33	100 yd Freestyle	
34	35	200 yd Butterfly	
36	37	200 yd Freestyle Relay	
38	38	500 yd Freestyle seeded fast to slow	

Number of Events: _____ @ \$ 3.00 each = \$ _____
 Surcharge @ \$ 8.00 = \$ 8.00
 T-Shirt Size _____ @ \$10.00 each = _____
 TOTAL _____

Checks to Charlotte Swim Masters LLC and mail to:
Jerry Clark
128 South Tryon Street, Suite 1565
Charlotte, NC 28202

Read and Sign this Release from Liability: I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES OR ANY INDIVIDUALS OFFICIATING AT THE MEET OR SUPERVISING SUCH ACTIVITIES. In addition I agree to abide and be governed by the rules of USMS.

Signature: _____ Date: _____