



MAC Masters Holiday Hoot

December 9-10, 2006

Sponsor: Mecklenburg Aquatic Club Masters (MACM)

Sanctioned: By LMSC for NC for USMS Inc.,

Sanction #: 136-07

Meet Director: Patty Waldron (704)846-5335, ext: 109

Meet Referees: Marty Fehr

Facility: Mecklenburg Aquatic Club
9850 Providence Road
Charlotte, NC 28277
(704) 846-5335

The MAC Swim Center is a 30,000 square-foot facility featuring a 50-meter by 25-yard Paddock Pool racing tank. In the 10-lane 25 yard competition course, pool depth ranges from 6 to 12 feet with lanes that are 8-foot wide. Up to 11 lanes will be available for continuous warm-up and warm-down. The facility also features a Colorado 5000 system and 10-lane scoreboard. There is bleacher seating for 600 competitors and spectator. The meet will be conducted in a 25 yard course.

Rules: USMS rules govern the meet. You must attach a copy of your 2006 or 2007 USMS registration card to the entry form. No one event USMS registrations. Swimmers are limited to 5 individual events. You must sign a waiver. Your age as of 12/11/2006 determines your age group in the meet. Except for sprint lanes in warm-up and when competing, ANY ENTRIES IN WATER MUST BE FEET FIRST.

Deadline: Entries must be received before midnight November 30th, 2006. Entries may be emailed to pwaldron@justswimmac.org, or faxed to (704)846-5835. Entries, entry form and check should be sent to: **Patty Waldron, Hoot Holiday Swim Meet, 9850 Providence Road, Charlotte, NC 28277.**

Deck entries will be accepted on a first come, first served basis, based upon lane availability. No additional heats will be created. Athletes already in the meet will not be charged for deck entries. Athletes not in the meet will be charged \$23.00 for deck entries. SWIMMERS ARE ENCOURAGED TO SIGN UP IN ADVANCE. **All entries must be accompanied by a copy of the athlete's current 2006 or 2007 USMS registration. Entries may be emailed, but the check and USMS registration must be received by the deadline, midnight November 30th.**

Fees: \$18.00 participation fee. Maximum entry of 10 individual events for the meet, no more than 5 Events per day. No charge for relays.

Mail entry form and fee to:

Patty Waldron, Hoot Holiday Swim Meet, 9850 Providence Road, Charlotte, NC 28277
Checks need to be made out to the **Mecklenburg Aquatic Club.**

Awards: Custom awards

Scoring: Individual events will be scored 9-7-6-5-4-3-2-1, relays double the individual scores. Meet results will be posted on NCMASTERS.ORG to the NCMS records chairperson.

Warm-up: The pool will open for warm-up 12:00-1:00 a.m. on Saturday, December 9, 2006 and from 8:00am to 9:am on Sunday, December 10, 2006. Sprint lanes will be designated with diving allowed from 12:45pm-1:00pm on Saturday and from 8:45am-9:00am (25yards. one-way). Continuous warm-up/cool down lanes will be available throughout the meet.

Seeding: All events will be pre-seeded with the exception of the relays, which will be deck seeded. Deck entries will be added as space allows. Sexes may be combined if needed. All events will be swum slow to fast. Relays will follow USMS age groupings 76-99, 100-119, 120-159, etc. Relay teams may be women, men or mixed as designated by the event.

Lodging: **Hampton Inn Matthews**
9615 Independence Pointe Parkway
Matthews, NC 28105
(704)841-1155
\$69.00
Five miles from MAC @ Latin

Directions to the Pool: North from the intersection of Interstate 485 and NC rte 16 (Providence Rd) . Take a left onto Providence Road (16). Go to your second light, and look for the entrance to Charlotte Latin school on your left. Once entering the main drive, take your first left, then another first left. Go to the top of the little incline and you will see a 30,000.00 square foot building. There ample parking at the pool

Meet Results: Official Meet results will be available at <http://www.ncmasters.org/results.html> in pdf form.

Other: There are snack & drink machines and a snack bar. No food or drinks may be brought into the facility. Several excellent restaurants are nearby within a few miles north and south of the pool.

ORDER OF EVENTS FOR YOUR RECORDS

Ladies Events	Event in Yards	Mens Events
Saturday, December 9: Warmup starts at 12:00pm. Events start at 1:00pm		
1	400 IM	2
3	50 Backstroke	4
5	100 Butterfly	6
7	100 IM	8
9	200 Freestyle	10
11	100 Breaststroke	12
13	50 Freestyle	14
15	200 Backstroke	16
	<i>10 Minute Break</i>	
17-18	200Mixd Med Relay	17-18
19	500 Freestyle	20
Sunday, December 10: Warmup starts at 8:00am. Events start at 9:00am		
21	200 Butterfly	22
23	50 Breaststroke	24
25	100 Backstroke	26
27	200 IM	28
29	100 Freestyle	30
31	200 Breaststroke	32
33	50 Butterfly	34
	<i>10 Minute break</i>	
35-36	200 Mix Fr Relay	35-36
	<i>10 Minute Break</i>	
37	1000 Freestyle	38

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Name: _____ Street: _____

City/State: _____ Zip: _____ Phone: (____) _____

Age (as of 12/11/05): _____ Birth date: _____ Sex: M F

USMS Reg. Number: _____ (Copy of 2006 or 2007 USMS card attached to entry)

Team Name: _____

Saturday December 9, 2006. Warmup starts at 12:00pm Events begin at 1:00 p.m.

Ladies Events	Entry Time	Event in Yards	Mens Event	Entry Time
1		400 IM		2
3		50 Backstroke		4
5		100 Butterfly		6
7		100 IM		8
9		200 Freestyle		10
11		100 Breaststroke		12
13		50 Freestyle		14
15		200 Backstroke		16
		10 Minute Break		
17-18		200Mixed Med Relay		17-18
		10 Minute Break		
19		500 Freestyle		20

Sunday, December 10: Warmup starts at 8:00am. Events start at 9:00am

21		200 Butterfly		22
23		50 Breaststroke		24
25		100 Backstroke		26
27		200 IM		28
29		100 Freestyle		30
31		200 Breaststroke		32
33		50 Butterfly		34
		10 Minute break		
35-36		200 Mixed Fr Relay		35-36
		10 Minute Break		
37		1000 Freestyle		38

Number of events entered _____ (\$18.00 Participation Fee/10 event maximum individual entry, 5 per day limit)

Please read and sign:

I, undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all of the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS VOLUNTEERING OR OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS.

Name (print) _____

Signature _____ **Date** _____