



SwimMAC Masters Holiday Hoot December 10, 2011

Sponsor: SwimMAC Masters (MAC)

Sanctioned: By LMSC for NC for USMS, Inc, Sanction # 131-009

Meet Director: Patty Waldron (704)846-5335, ext: 2109

Meet Referee: Marty Fehr

Facility: Mecklenburg Aquatic Club
9850 Providence Road
Charlotte, NC 28277
(704) 846-5335

The MAC Swim Center is a 30,000 square-foot facility featuring a 50-meter by 25-yard Paddock Pool racing tank. In the 10-lane 25 yard competition course, pool depth ranges from 6 to 12 feet with lanes that are 8-foot wide. Up to 10 lanes will be available for continuous warm-up and warm-down. The facility also features a Colorado 5000 system and 10-lane scoreboard. There is bleacher seating for 600 competitors and spectator. The meet will be conducted in a 25 yard course.

Rules: USMS rules govern the meet. You must attach a copy of your 2011 or 2012 USMS registration card to the entry form. No day of event USMS registrations. Swimmers are limited to 5 individual events. You must sign a waiver. Your age as of 12/10/2011 determines your age group in the meet. Except for sprint lanes in warm-up and when competing, ANY ENTRIES IN WATER MUST BE FEET FIRST.

Deadline: Entries must be received before midnight Monday December 5, 2011. Entries may be emailed to pwaldron@swimmaccarolina.org or faxed to (704)846-5835 at Attention to Patty Waldron Holiday Hoot. Send email address with fax to receive confirmation entry has been received. Entries, entry form, copy of USMS card and check should be sent to: **Meet Director, c/o Patty Waldron 2011 Holiday Hoot Swim Meet, 9850 Providence Road, Charlotte, NC 28277.**

Deck entries will be accepted on a first come, first served basis, based upon lane availability. No additional heats will be created. Athletes already in the meet will not be charged for deck entries not to exceed the entry limit of 5 individual events. SWIMMERS ARE ENCOURAGED TO SIGN UP IN ADVANCE. **All entries must be accompanied by a copy of the athlete's current 2011 or 2012 USMS registration. Entries may be emailed, but the check and USMS registration must be received by the deadline, midnight Monday December 5, 2011.**

Fees: \$25.00 participation fee. No fees for relays.

Mail entry form and fee to:
c/o Patty Waldron
Meet Director Holiday Hoot Swim Meet,
9850 Providence Road, Charlotte, NC 28277

Checks need to be made out to SwimMAC Carolina.

Awards: Custom Holiday Hoot Awards random drawings for items from the Carolina Swim Shop! Great Stuff!

Scoring: Individual events will be scored by place, 1st through 8th as follows: 1st= 10 pts, 2nd=8 pts., 3rd=7 pts, 4th=5 pts., 5th=4 pts., 6th=3 pts., 7th=2 pts., and 8th=1 pt. The athlete in the age group with the highest point total will win high point for the age group. Athletes must swim 4 individual events to be eligible for a High Point Award. High Point awards will not be mailed. If an athlete swims 5 events, the lowest point value will be dropped to determine High Point Award winner based off 4 events. Meet results will be posted on NCMASTERS.ORG and to the NCMS records chairperson.

Warm-up: General warm-up will begin at 12:45pm. There will be sprint lanes designated with diving allowed from 1:30pm-1:45pm. Continuous warm-up/cool down lanes will be available throughout the meet.

Events & ***Athletes may select only one distance per stroke and select an IM to make up their 5 individual events.***

Seeding: All events will be pre-seeded. Sexes may be combined if needed in any and all events. All events will be swum slow to fast including the 500 Free.

Directions to the Pool: North from the intersection of Interstate 485 and NC rte 16 (Providence Rd) . Take a left onto Providence Road (16). Go to your second light, and look for the entrance to Charlotte Latin School on your left. Once entering the main drive, take the first left, then another first left. Go to the top of the little incline and you will see a 30,000 square foot building. There is ample parking at the pool.

Meet Results: Official Meet results will be available at <http://www.ncmasters.org/results.html> in pdf form.

Other: There are snack & drink machines and a snack bar. Please eat food or drinks in the viewing room. Several excellent restaurants are nearby within a few miles north and south of the pool.

ORDER OF EVENTS FOR YOUR RECORDS

| Ladies' Events | Event in Yards | Men's Events |
|--|------------------------|--------------|
| Saturday, December 10: Warm-up starts at 12:45pm. Events start at 1:45pm | | |
| 1 | 200 Free Relay | 2 |
| | 5 minute Break | |
| 3 | 50 Fly | 4 |
| 5 | 100 Fly | 6 |
| 7 | 200 Fly | 8 |
| 9 | 50 Bk | 10 |
| 11 | 100 Bk | 12 |
| 13 | 200 BK | 14 |
| | 5 minute Break | |
| 15 | 500 Free Mixed | 15 |
| | 5 minute Break | |
| 16 | 50 Brst | 17 |
| 18 | 100 Brst | 19 |
| 20 | 200 Brst | 21 |
| 22 | 50 Free | 23 |
| 24 | 100 Free | 25 |
| 26 | 200 Free | 27 |
| | 5 minute break | |
| 28 | 100 IM | 29 |
| 30 | 200IM | 31 |
| 32 | 400IM | 32 |
| | 5 minute break | |
| 33 | 200 Mixed Medley Relay | 33 |



Hooooooooot!!!!!!!

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Name: _____ Street: _____

City/State: _____ Zip: _____ Phone: (____) _____

Age (as of 12/10/11): _____ Birth date: _____ Sex: MF

USMS Reg. Number: _____ (Copy of 2011 or 2012 USMS card attached to entry)

Team Name: _____ Email Address: _____

ENTRY TIMES

| Ladies' Events | Event in Yards | Men's Events |
|--|------------------------|--------------|
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| 30 | 200IM | 31 |
| 32 | 400IM | 32 |
| | 5 minute break | |
| 33 | 200 Mixed Medley Relay | 33 |

Number of events entered _____ (\$25.00 Participation Fee;5 event maximum individual entry).

Please read and sign:

I, undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all of the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS VOLUNTEERING OR OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS.

Name (print) _____ Signature _____ Date _____