



STROKE CLINIC WITH DAVID MARSH AND HIS "ELITE SWIMMERS" HOSTED BY ASHEVILLE MASTERS SWIMMING

SATURDAY, MAY 17, 2008 ASHEVILLE SCHOOL RODGERS MEMORIAL ATHLETIC CENTER POOL

9:30 AM -12:30 PM (45 MINUTES FOR EACH STROKE) CHECK IN WILL BE FROM 9:00 - 9:30 AM

DAVID MARSH, THE "ELITE TEAM" COACH FOR MAC - THE FIRST OF ITS KIND, WORLD CLASS TRAINING TEAM, IN THE SPORT OF SWIMMING. THE USOC/USA SWIMMING ENDORSED PROGRAM'S SOLE PURPOSE IS TO WIN OLYMPIC GOLD MEDALS IN THE SPORT OF SWIMMING. COACH MARSH LEADS THIS REVOLUTIONARY PROGRAM. DAVID SERVED AS HEAD COACH AT AUBURN UNIVERSITY FOR THE PAST 16 YEARS WHERE HE WON 12 NCAA TEAM TITLES, AND COACHED 22 SWIMMERS TO 7 OLYMPIC MEDALS.

SWIMMERS IN ALPHABETICAL ORDER:

MARK GANGLOFF - 2004 OLYMPIC GOLD MEDALIST 400 MEDLEY RELAY (BREASTROKE), SILVER MEDALIST 50 BREASTSTROKE 2008 WORLD CHAMPIONSHIPS, SILVER MEDALIST 400 MEDLEY RELAY 2008 WORLD CHAMPIONSHIPS (BREASTSTROKE)

MARGARET HOELZER - 2004 OLYMPIAN, CURRENT AMERICAN RECORD HOLDER 100 METER BACKSTROKE, 2007 WORLD CHAMPION 200 M BACK, 2008 WORLD CHAMPION 400 MEDLEY RELAY (BACKSTROKE), WORLD RECORD HOLDER 400 SCM MEDLEY RELAY

JEREMY KNOWLES - THREE TIME OLYMPIAN, 2006 BAHAMAS ATHLETE OF THE YEAR, THREE TIME WORLD CHAMPIONSHIP FINALIST

DOUG VAN WIE - 2007 SCY NATIONAL CHAMPION AND RECORD HOLDER 100 BACK, 2008 WORLD CHAMPION 400 FREE RELAY, WORLD RECORD HOLDER 400 SCM FREE RELAY

DIRECTIONS TO ASHEVILLE SCHOOL:

FROM THE SOUTH AND ASHEVILLE REGIONAL AIRPORT: I-26 WEST TO I-40 WEST TOWARD KNOXVILLE, EXIT 44. FROM THE NORTH: US 19-23 SOUTH TO I-240 WEST TO I-40 WEST EXIT 44. FROM THE EAST AND WEST: I-40 TO EXIT 44. AT EXIT 44, TURN LEFT AT STOPLIGHT AND PROCEED ONE MILE STRAIGHT AHEAD PAST THE HOTELS AND SHOPPING CENTERS. FOLLOW ASHEVILLE SCHOOL SIGNS TO OUR DRIVEWAY ON THE RIGHT. FROM DOWNTOWN ASHEVILLE: WEST ON SMOKY PARK HIGHWAY, TURN LEFT JUST PAST DEPT. OF MOTOR VEHICLES AT ASHEVILLE SCHOOL SIGN.

*****Cut or tear here*****

\$80. GENERAL REGISTRATION - AMS MEMBERS \$60.

SPACE IS LIMITED TO THE FIRST 60 SWIMMERS. PRE-REGISTRATION IS ENCOURAGED (WITH PAYMENT!!) TO SECURE A SPOT.

PLEASE MAKE CHECK PAYABLE TO: ASHEVILLE MASTERS SWIMMING

INCLUDE NAME _____

USMS OR USA REGISTRATION # _____

MAIL TO:

RUTH BATTLE, 10 PARKSIDE AVE., ASHEVILLE, NC 28804 828-242-2050 (E-MAIL BATT2355@BELLSOUTH.NET)



ENDORSED BY: UNITED STATES OLYMPIC COMMITTEE

