

IM Madness Split Sheet - Sweet 8

Swimmer's Name: _____ Location: _____ Date: _____

Age: _____ Gender: _____ USMS# _____ Timer: _____

| IM type/Stroke Type | Stroke(s) | Lap | Yards | Cumulative Time |
|---------------------|--------------------|-----|-------|-----------------|
| 100 IM | 25 fly, 25 back | 2 | 50 | |
| | 25 breast, 25 free | 4 | 100 | |
| | | | | |
| Fly | 50 Fly | 6 | 150 | |
| | | | | |
| 100 IM | 25 fly, 25 back | 8 | 200 | |
| | 25 breast, 25 free | 10 | 250 | |
| | | | | |
| Back | 50 Back | 12 | 300 | |
| | | | | |
| 100 IM | 25 fly, 25 back | 14 | 350 | |
| | 25 breast, 25 free | 16 | 400 | |
| | | | | |
| Breast | 50 Breast | 18 | 450 | |
| | | | | |
| 100 IM | 25 fly, 25 back | 20 | 500 | |
| | 25 breast, 25 free | 22 | 550 | |
| | | | | |
| Free | 50 Free | 24 | 600 | |
| 200 IM | 50 Fly | 26 | 650 | |
| | 50 Back | 28 | 700 | |
| | 50 Breast | 30 | 750 | |
| | 50 Free | 32 | 800 | |
| | | | | |

