

IM Madness Split Sheet - Sweet 12

Swimmer's Name: _____ Location: _____ Date: _____

Age: _____ Gender: _____ USMS# _____ Timer: _____

Type	Stroke(s)	Yards	Cumulative Time	Type	Stroke(s)	Yards	Cumulative Time
100 IM	25 fly, back	50		400 IM	50 fly	850	
	25 breast, free	100			50 fly	900	
100 IM	25 fly, back	150			50 back	950	
	25 breast, free	200			50 back	1000	
100 IM	25 fly, back	250			50 breast	1050	
	25 breast, free	300			50 breast	1100	
100 IM	25 fly, back	350			50 free	1150	
	25 breast, free	400			50 free	1200	
200 IM	50 fly	450					
	50 back	500					
	50 breast	550					
	50 free	600					
200 IM	50 fly	650					
	50 back	700					
	50 breast	750					
	50 free	800					