## New NC Records

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The Sunbelt meet in Charlotte, NC produced a slew of new NC records. Kudos to TammyYates who created the updated NC records file after this meet. (Tammy can be reached at tammy.yates@goldsboroymca.org)

Going up in the age groups the first record breaker is in the Men 55-59. Ted Greve from Charlotte Swim Masters (CSM) swam a new record in the 50 Fly (27.05). This was only Ted's second masters meet and he was half a second faster than in 2010. That is called descending!

The next one up is Cheryl Murray in the Women 60-64. Cheryl Murray set five new record in the 500 free ( $6: 26.68$ ), 100 fly ( $1: 20.25$ ), 200 fly (3:04.58), 200 IM ( $2: 51.16$ ), and 400 IM (5:54.54). Many male swimmers would love to swim such times: her 400 IM record is only eight (8!) second slower than Dick Kitchell's record from 2003. Wow!

In the Women 60-69 age group Mary Anna Hovey broke her own record in the 400 IM with four seconds (8:34.08). She has been holding this record since 2010 when she took over from Nancy McGee who held the record since 1999. This shows what a tough event this is.

Skipping one age group we get to the Women 75-79. Sally Newell, who now holds 29 records (just counting the short course yards) in four age groups swam eight new North Carolina records ( 50 free: 39.83, 100 free: 1:36.11, 50 back: 48.67, 200 back: $3: 44.72$, 50 breast: 49.56 , 200 breast: 4:01.46, and 50 fly: 57.81 ). Her 100 splits on the 200 back and breast would easily have been records as well. Moreover there are some "open spaces" that Sally should be able to fill as well. If we would have a ranking of most accomplished NC swimmers of all time Sally would certainly rank very high.

And the in the next age group (Men 80-84) we get to another NC icon: Clarke (Mitch) Mitchell who swam five new records of which four were National records as well. His records were 50 free: 30.66, 50 back: 35.29, 100 back: $1: 21.16$, and 50 fly: 34.23 . This brings his total number of records to 25 over four age groups. An incredible accomplishment.

So what happened to the 55 and younger swimmers? First of all the SwimMAC Olympians trained by David Marsh did not participate this year. Probably most of them are doing "other things" after all the hard training in the previous years. Hopefully we will see some of them together with a new generation of swimmers back in our meets.

Another absent record breaker is Erika Braun. She is still swimming fast, but just a tad slower than her record breaking Olympic Trials time last year, which is an accomplishment by itself. In the fall of 2012 she swam four new records in her "off events" , which will score high in the 2012-2013 SCY top10.

To all swimmers 55 and under: train hard, get to the meets, and go for it. Also look at possible relay records that are within reach when you team-up with the right swimmers.

