

USMS Nationals - *by Greta van Meeteren*

The April 26-29th USMS Short Course Nationals Meet in Greensboro has a meet entry deadline of Friday, March 23rd. Please don't miss it! You can sign up online at: <http://www.usms.org/comp/scnats12/onlineentry.php>
Your LMSC will be giving one free team T-shirt to all North Carolina Masters swimmers who sign up for Nationals. This will make it easier for everyone to recognize team mates and relay partners. If you have already entered the meet, please send an Email to chair@ncmasters.org with your name, T-shirt size and the workout group you swim with to make it easier for us to have the correct number and sizes of shirts.

Some time after Nationals, there will be an opportunity to order additional T-shirts at cost + shipping.