

Letter from the Editor

by Greta van Meeteren, Editor and Chairwoman of the Local Masters Swimming Committee for North Carolina

It is long distance and open water season! There are so many wonderful opportunities this summer to do something you've never (or very rarely ever) done before, like a 5K and/or 10K postal championship swim and open water swims, including a national championship. Be sure to check them out.

There is the story about Katie Brooks, who tackled the 24-mile Tampa Bay race ... talk about doing something you've never done before!

Bill Davis has written about SwimMAC at the Olympic trials in Omaha. In next month's issue we'll be able to read all about our own Erika Braun's experience leading up to and including participating in those same trials. Also, make sure to check out Erika's story in Swimmer Magazine of this month.

Oh, and if you've never sung the National Anthem in the pool ... check out this month's workout by Bill Davis!

Enjoy your newsletter,
Happy Swimming,
Greta van Meeteren