



*17 TRYM swimmers participated in the 2012 one-hour postal national championships - a team effort*

Preliminary results for individual swims of the 1-hour National Postal Championship are posted on the USMS website - <http://www.usms.org/longdist/ldnats12/> Scroll down the page and you will find Men and Women results.

Relay results will be posted soon.

Of the total of 2668 swimmer, 42 from NCMS participated in the event. There was an even 21-21 distribution between men and women. 15 of these reported swims were from TRYM, a team with a total of 24 members.

In the 90-94 age group, Ole Larson swam a new national record with a very impressive 2,275 - yard swim. Congratulations Ole! The previous record of 2225 yards was swum in 1997 by Gus Langner.